Symptom List-before started lyme protocol & 6 months into protocol

Borrelia Burgdorferi=1

Babesia (Babesiosis)=2

Bartonella Henselae=3

Ehrlichia (Ehrlichiosis)=4

Mycroplasma (Fermentans Incognitus)=5

Adrenal dysfunction=6

_____

Abdominal pain: 2,3 NO actually, right flank YES/ NO

Air hunger: 2,6 NO

All over body aches: 6 YES/LESSENED

Almost passing out every time you get up: 6 NO

Anemia: 2,3,4 NO

Anorexia: 4 NO

Anxiety: 1,3,5,6 YES/DECREASED

Back Stiffness: 1,2,3 NO

Bites from infected ticks: 4 NO

Bladder dysfunction: 1 NO

Burning or stabbing sensations: 1 YES/DECREASED

Cardiac impairment: 1 NO

Change in bowel function: 1 YES/REGULAR NOW!

Chest pain: 1 YES/NO

Chills: 2,3,4 YES/NO

Cloud-filled head: 6 NO

Clumsy (drop things, bump into things): 6 YES/YES

Coffee needed in the morning to wake up: 6 NO

Coffee puts you to sleep: 6 NO

Confusion: 1,4,5,6 YES/YES

Cough: 1,2,4 YES/YES

Dark circles under eyes: 6 NO

Depression: 1,2,5 YES/YES

Diarrhea: 2,4,6 NO

Difficulty finding words, name blocking: 1 YES/YES

Difficulty thinking: 1,4,5 YES/BETTER but still sometimes

Difficulty with concentration and reading: 1,5 YES/BETTER, but still poor

Difficulty with speech, writing: 1 YES/BETTER

Disorientation: getting lost, going to wrong places: 1 YES/BETTER

Dizziness: 6 YES/BETTER

Ears/hearing: buzzing, ringing, ear pain, sound sensitivity: 1,3 YES/Sound sensitivity cleared, buzzing, ringing cleared, occasional tinnitus, ear pain still YES

Easily irritated: 6 YES/BETTER

Emotional liability: 1,2,5 YES/BETTER

Emotionally hypersensitive: 6 YES/BETTER

Encephalopathy: 1,2,3 YES/BETTER

Endocarditis: 1,3 NO

Exacerbated reactions to daily stress: 6 YES/BETTER

Exaggerated symptoms or worse hangover: 1 YES/YES

Extreme fatigue: 6 YES/BETTER but still biggest issue

Eyes/vision: double, blurry, increased floaters, light sensitivity: 1 YES/light sensitivity improved, floaters NO

Facial paralysis (Bell's palsy): 1 YES/IMPROVED

Fatigue: tiredness, poor stamina: 1,2,3,4,5 YES/YES

Feeling better after 6PM: 6 NO

Feeling dull: 6 YES/IMPROVED

Feeling light-headed: 6 YES/RARELY

Feeling nauseous from movement: 6 YES/YES

Feeling of doom or panic: 6 YES/BETTER

Feeling paranoid: 6 YES/BETTER

Fevers: 2,3,5 YES/Still rises in afternoon

Flu-like symptoms: 6 YES/BETTER

Forgetfulness: 1 YES/YES

Frequent urination: 6 YES/YES

Gastrointestinal problems: 1,4 NO

General or localized weakness: 6 YES/YES

Headaches: 1,2,3,4,5,6 YES/IMPROVED

Heart block: 1 NO

Heart murmur: 1 NO

Heart palpitations: 1,6 NO

Heart valve prolapse: 1 NO

Hemolysis: 2,3 NO

Hepatomegaly (enlarged liver): 2,3 NO

High estrogen levels: 6 NO

Highly defensive: 6 NO

Hypersensitive to supplements: 6 NO

Hypoglycemia (low blood sugar): 6 NO

IBS symptoms: 6 NO

Imbalance without true vertigo: 1,2 YES/BETTER!

Immune deficiency: 1,3 NOT SURE

Impatience, irritability with others: 6 YES/BETTER!

Inability to focus: 6 YES/BETTER!

Inability to handle interactions with others: 6 YES/SOMEWHAT

Increased motion sickness: 1 NO

Inflammation that doesn't go away: 6 NO

Insomnia: 1,3,5 YES/GREATLY IMPROVED

Irritability: 1,5 YES/IMPROVED

Irritable bladder: 1 NO

Irrational fear: 6 YES/NO

Jaundice: 3 NO

Jittery or hyper feeling: 6 YES/STILL SOMEWHAT

Joint pain or swelling: 1,2,3,5 YES/IMPROVED

Joint stiffness: 1,2,5 YES/IMPROVED

Jumpiness or exaggerated startle reflex: 6 YES/IMPROVED!

Leukopenia, persistent: 4 NO

Light headedness: 1,6 YES/IMPROVED

Liver enzymes elevated: 3,4 NO

Low back pain: 6 YES/YES

Low stomach acid: 6 NO

Lymph nodes swollen: 3,5 NO

Malaise (generalized ill feeling): 1,2,3,4,5 YES/YES

Mild to severe hypoglycemic episodes: 6 NO

Mood swings: 1,5 YES/YES

Motion sickness: 6 NO

Muscle pain or cramps: 1,2,3,4,5 YES/YES

Muscle weakness: 6 YES/YES

Myalgias: 1,2,3,4,5 ?

Myocarditis: 1,3 NO

Nausea or feeling hot in the face of stress: 6 YES/THINK SO

Nausea, vomiting: 1,4 YES/NO

Neck creaks & cracks: 1 YES/IMPROVED!

Neck stiffness, pain: 1,2 YES/BETTER!

Nervousness: 6 YES/IMPROVED

Night sweats: 1,2,5 YES/IMPROVED

No patience: 6 YES/IMPROVED

Not coping well with stress: 6 YES/YES-but improved

Numbness: 1,5 YES/sometimes

Over reactive: 6 YES/improved

Pain in the adrenal area: 6 YES/improved

Papular or angiomatous rash: 3 NO

Paralysis: 1 NO

Pelvic pain: 1 YES/YES but improved

Poor absorption of nutrients: 6 NOT SURE

Poor appetite: 1,2 YES/NO

Poor attention/concentration 1,5 YES/IMPROVED

Poor balance: 1,5 YES/IMPROVED

Poor short-term memory: 1,5 YES/YES

Problem absorbing new information: 1 YES/YES but a bit better

Pulse skips: 1 NOT SURE

Racing or pounding heart: 6 NO

Rage or sudden angry outbursts: 6 YES/IMPROVED

Rib soreness: 1 YES/IMPROVED

Rigors: 4 ?

Salt craving; Sweet craving: 6 YES/YES

Scalp ache: 6 YES

Seizures (rarely): 3 YES/IMPROVED!

Sexual dysfunction or loss of libido: 1 YES/IMPROVED

Shaking chills: 2 NO

Shaky hands; internal feeling of shakiness: 6 YES/IMPROVED

Shaky or trembling: 6 YES/YES

Shooting pains: 1 YES/Rarely now

Shortness of breath: 1,2,3 YES/MUCH BETTER!

Skin hypersensitivity: 1 NO

Somnolence: 3,5 NO

Sore throat: 1,3 YES/YES

Splenomegaly: 2,3 ?

Sudden extreme hunger: 6 YES/YES

Super-sensitive skin: 6 NO

Super sensitive skin: 3 NO

Sweating: 6 YES/YES

Swollen glands/lymph nodes: 1,3,5 NO

Taking days to recover from a dental visit: 6 YES/not sure

Taking days to recover from even minor stress: 6 YES/YES

Testicular pain: 1 NO

Thrombocytopenia: 4 ??

Tibia pain, severe: 3 NO

Tingling: 1,5 YES/NO

Tremor: 1,3 YES/YES - in hand

Trouble sleeping at night: 6 YES/MUCH IMPROVED

Twitching of the face or other muscles:1 ,3 YES/NO

Unavoidable need to sit or lay down: 1 YES/YES

Unexplained breast pain: 1 YES/YES

Unexplained fevers, sweats, chills, or flushing: 1,2 YES/YES

Unexplained hair loss: 1 YES/YES

Unexplained menstrual irregularity: 1 NO

Unexplained milk production: 1 NO

Unexplained weight loss/gain: 1 YES/Weight loss stabilized

Upset stomach or abdominal pain: 1,3 YES/rarely nauseated

Urine dark or with blood: 2 NO

Vertigo: 1 YES/NO

vomiting from running up the slightest incline: 6 NO

Waking up in the middle of the night: 6 YES/YES

Weakness: 1,2,5 YES/YES - improved

Weight loss: 1,2,3,5 YES/No more

Wooziness: 1 YES/Sometimes

Worsening allergies: 6 YES/YES